



## Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 am	5:30 am	5:30 am	5:30 am	5:30 am	8:00 am
6:10 am	6:10 am	6:10 am	6:10 am	6:10 am	8:45 am
	9:00 am		9:00 am		
	5:45 pm		5:45 pm		
			6:30 pm		
7:15 pm					

**Group Fitness**  
**Gladiator**  
**Yoga**